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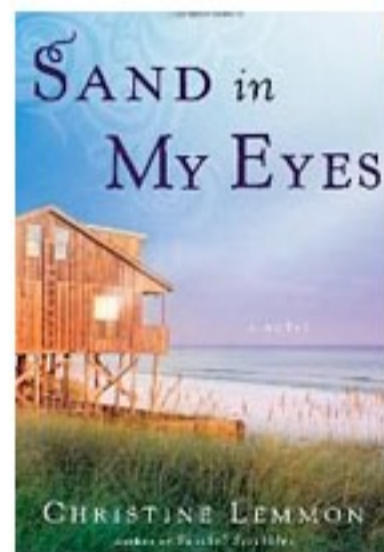
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## Lit Fix: Sand in My Eyes by Christine Lemmon



Today's book review is from reader Teresa Krueger. She read [Sand in My Eyes by Christine Lemmon](#):

Have you heard the phrase about friendships that serve a particular purpose and that a friend comes into your life for a reason, a season or a lifetime? I think the same can be said for books. I kept thinking this phrase over and over as I was [reading](#) this book.

Characters Fedelina and Anna needed one another at this particular point in their lives. Fedelina was able to provide wisdom and insight to the younger woman. Anna was able to ease the loneliness of the older woman. There was so much that I liked about this story. I think my absolute favorite parts were the life lessons learned in the garden. I remembered to write down a few, but I'm sure that I missed some.

Life Lessons learned in the Garden:

1. The Roses tell us to take time to recharge, you will bloom more if you do.
2. The Daisies tell us to appreciate the [simple](#) things
3. Sunflowers remind us that spirituality is your stem. Nurture it and you will stand tall.
4. Just like us, Orchids need kind words and love in order to bloom.
5. (I can't remember the [flower](#)) flowers only have so many petals. Keep your priorities to a minimum.

This book provided me with some much needed insight and taught me lessons that I hope I don't forget. I would recommend this book to anyone who enjoys a good "escape to the beach and sort out life" kind of story. —Teresa Krueger

We'd love to hear about what you're reading, too. Send your reviews to [LitFix@womansday.com](mailto:LitFix@womansday.com) and we'll post them right here on the blog.

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